

Narcissistic Abuse Support Group



2nd & 4th
Thursdays
6:30 - 8:00 pm

The Narcissistic Abuse Support Group provides a safe and supportive space for individuals who have experienced emotional abuse and manipulation in relationships with narcissists or other toxic individuals. Participants share their personal experiences, gain important insights as to what happened to them, and receive emotional support from others who understand what they experienced.

The group is focused on:

- Shared experiences & support
- Understanding and identifying abuse
- Learning skills and strategies
- Recovery



Led by Dr. Dan Weinstein
Social Psychologist and Educator

**Must be 18+ to attend.
No registration necessary.**

Our mission is promoting mental health in Hancock County to build better lives through education, support, and advocacy.